



Stay OK at school solutions

Quiz (9-12 years)

1. It's okay to change plans that you have made with your parents without telling them.
Answer: False
It's NOT okay to change plans without telling your parents. Always stick to the plan. If you have to change your plans, call your parents to ask permission.
2. You should always listen to what your body is telling you and remove yourself from situations that make you feel nervous.
Answer: True
It IS very important to listen to your body and get away from situations that make you feel nervous.
3. You should look after school property and never graffiti or litter.
Answer: True
It IS important to treat school property respectfully and to clean up after yourself.
4. It's not important to memorise your home address.
Answer: False
You SHOULD memorise your home address and a contact number for Mum, Dad or a trusted person.
5. If someone hurts you, you should handle it yourself.
Answer: False
If someone hurts you, you SHOULD go straight to a parent, teacher or a trusted person for support.
6. If you feel unsafe or unsure about something, tell somebody!
Answer: True
It IS important to always tell a trusted person if you feel unsafe or unsure about something.
7. It is okay to let your friends pressure you into things.
Answer: False
You SHOULDN'T let yourself be pressured into things and it IS important to remove yourself from situations that make you uncomfortable or nervous.
8. You only need to listen to your teachers in the classroom – at recess and lunch it's okay to ignore them.
Answer: False
It IS important to listen to your teachers. It's their responsibility to keep you safe and help you.